

# Plymouth Albion Scholarship Programme Level 3

## What is it?

The programme is a full-time course which combines educational studies with elite rugby coaching in a professional environment (Plymouth Albion RFC).

Your study leads to the award of a BTEC EXTENDED DIPLOMA. The course combines practice with theory. Students learn through projects and assignments that are based on realistic workplace scenarios, activities and demands. By the end of the programme you will have explored your chosen profession and developed skills applicable to a career in that field.

The BTEC Extended Diploma is equivalent to three A-levels. On completion of the course you can choose whether to pursue employment or university study. The EXTENDED DIPLOMA is a full-time qualification run over two academic years.

## What are the entry requirements?

You will normally need to have at least one of the following:

- A BTEC Level 2 First Certificate or 1st Diploma in sport or a related subject
- 4 GCSEs at grades A – C (one of which is preferably in English)
- A good level of rugby ability (admission is rugby trial basis).

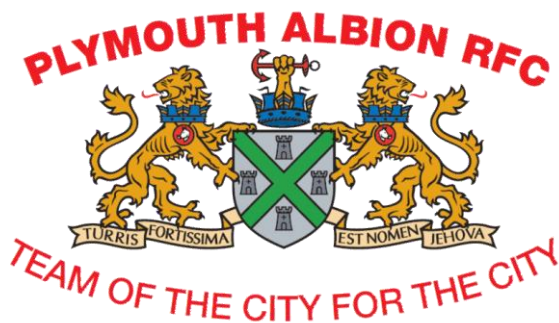
## What days are the course run on?

- Monday AM, Tuesday, Thursday (educational studies)
- Monday PM (Coaching), Wednesday (Game days) and Saturday (work placement).

## What is the course structure?

The course is made up of 12 / 18 units, for example:

- Sports Coaching
- Principles of Anatomy and Physiology in Sport
- Sports Injuries
- Practical Individual Sports
- Sports development
- Fitness Testing for Sport and Exercise.



## What can this course lead to?

This course provides:

- UCAS points towards university application
- Leadership Skills
- Coaching Skills
- Sports Skills
- Access to Plymouth Albion RFC scouts
- Career/coaching opportunities
- Students have progressed to college and university study (including full-scholarships in the USA).

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