

BTEC First Diploma In Sport Level 2

What is it?

A BTEC First Diploma is a combination of practical based assessments with work related coursework. You learn by completing projects and assignments that are based on realistic sporting workplace situations, activities and demands.

It introduces you to the employment area you have chosen and provides a good basis to go on to a more advanced work-related qualification.

A BTEC First Diploma is equivalent to four GCSEs grade A-C and is normally taken as a full-time course.

What are the entry requirements?

You will normally need to have at least one of the following:

- A BTEC First Certificate in a related subject.
- A standard of literacy and numeracy supported by a general education equivalent to 4 GCSEs at grades D-G
- Related work experience
- Other related level 1 or 2 qualifications.

What days does the course run on?

- Wednesday (Practical & educational studies)
- Friday (Practical & educational studies).

What is the course structure?

The course is made up of the following 7 units and is completed in one academic year.

- Fitness testing & training
- Practical sports
- Anatomy and physiology for sport
- Injury in sport
- Planning & leading sports activities
- Psychology in sport
- Planning and running a sports event.

What can this course lead to?

This course provides:

- An equivalent to 4 GCSEs at grade A* - C.
- Leadership Skills
- Coaching Skills
- Teamwork Skills
- The ability to study the BTEC Level 3 Extended Diploma in Sport (3 A-Levels).
- Increased knowledge and understanding to help gain employment in the sport and recreation industry (Coaching / teaching).
- Students have progressed to college and university study (including full-scholarships in the USA).



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